# The Highlands OULU OUL

The Highlands Community Association Newsletter

Volume 59, Number 4

www.highlandscommunity.org











### **July 4th Celebrations Promise Wild Times**

by Karen Teys

When was the last time you took a walk on the wild side? If you are thinking back to high school or college, it has been too long! Good News! This year the 4th of July celebrations are going to give you the opportunity to expose your wild side since the theme is "Take a Walk on the Wild Side."

It is not too early to start planning your parade entries! It's also time to sign up to help out for the events. How can you help? We have a place for all of the Highlands Wild Life. All you need is a half-hour!

- Are you a night owl? You could help out with the bake sale on the night of the 3rd—and you could secure a great seat for the fireworks show.
- Maybe you're an early bird? You could help with the pre-parade set up. All it takes is the ability to set up a folding chair or put toys out for the midway games.
- Crazy like a fox? You could help sign up parade participants before the parade. A pen and a clip board are provided—all you need to do is help fill out the forms.
- Calling all hound dogs . . . or anyone who likes to be around food! The food booth would let you flip the burgers and serve up beer and sodas!
- If you are a deer, helping out with the kids' games would be a great way to play alongside our little bunnies!
  - And, if you are a raccoon, cleaning up after the

events would be a great opportunity for you to join in with the other raccoons—no skunks please!

- Also, we need convertibles and flatbed trucks for the parade. Do you have a convertible that can be used to drive a dignitary in the parade, or maybe a truck that can be used for a float. If so, please contact Karen Teys at 650-703-5733 or karenteys@gmail.com.
- Finally, the search for red-wagons, or blue or any other color is on! If you have a wagon that you would like to lend, call Karen at 650-703-5733, or send an email to karenteys@gmail.com.

To volunteer, simply go to the Highlands Community website, www.highlandscommunity.org and click on the 4th of July tab.

ATTENTION HIGH-SCHOOLERS AND THEIR

PARENTS: There are opportunities for high-school students to take a co-chairman role for one of the 4th of July subcommittees: 3rd of July Fireworks, Parade Organization (two co-chairs needed), Food Booth, Midway, and Dunk Tank. This is a great opportunity to learn leadership skills, and it looks good on college applications and resumes! If you are interested in signing up for a co-chairman role, contact Karen Teys at 650-703-5733 or at karenteys@gmail.com .If you would like to get even more involved, we welcome your participation.

**HRD** Meeting

lowdown Deadline

**HCA** Meeting

Tuesday, May 13, 7 p.m. Mulltipurpose Room Friday, May 3

Tuesday, April 23, 7:30 p.m. Multipurpose Room

### FROM THE HIGHLANDS COMMUNITY ASSOCIATION



Rick Priola So far HCA President good.

As this is being written, the 2013 baseball season has just begun, and the Giants have started out well, beating the Dodgers in their opening series two games to one and beating the Cardinals 1-0 in the San Francisco home opener. So far, the pitching is looking very good.

Eggstravaganza: The spring holidays, Passover and Easter, came earlier than usual this year and the Rec again hosted its annual Eggstravaganza. As usual it featured a Pancake Breakfast, the arrival of the Easter Bunny and Easter Egg Hunts both on land and in the water. The pancake breakfast was delicious, and the big crowd enjoyed watching their kids and their neighbors' kids having a wonderful time. Thanks to the Rec for another great event.

Burglaries and Public Safety: As you know, there have been a number of burglaries and break-ins in the Highlands and nearby neighborhoods and cities during recent months. We're all concerned about this, and the Sheriff's Department is too. They have increased their patrols in the Highlands and continue to give us information on the best ways to protect ourselves and prevent these kinds of crimes and how to respond when a crime has been committed. Look for an article by Lieutenant Edmund Barberini in this *lowdown*'s View. It has a check list of things we can do to discourage burglars and make it harder for someone to break in to our homes and has some ideas that haven't been on previous lists.

There's also an article by Pam Merkadeau that explains the Neighborhood Watch program. People have raised questions about it. Be sure to attend the April HCA meeting, because we will be discussing all these concerns and ideas to protect the neighborhood. Also, there are always members of the Sheriff's

Department, Highway Patrol, and the Fire Department at HCA meetings, and they are available to answer your questions and give you information about their services. They have been very supportive of and responsive to our neighborhood for many years.

**Sewer Committee:** We have formed a new committee with the other neighborhoods in CSA1 to get answers to our questions and work our way through the many issues related to our sewer system that have been going on for a very long time. We'll keep the Highlands informed about what we find out and what we can expect to find out.

**Agenda:** If you have somthing you'd like to have discussed at the HCA meeting, please call or email me before the meeting so I can put it on the agenda.

As always, I look forward to meeting you and seeing you at the HCA meetings. If you have questions or concerns, please feel free to get in touch with me at HCApres@gmail.com

### HCA Meeting April 23, 2013, 7:30 p.m. Agenda

- I. Call to Order
- II. Review and Approval of the Minutes
- III. Sheriff's Dept/CHP/CDR Cal Fire
- IV. Reports
- A. First Vice President
- B. Second Vice President
- C. Treasurer
- D. Membership
- E. lowdown
- F. Public Utilities Committee
- G. Emergency Services Committee
- H. Land Committee
- V. Old Business
- VI. New Business/Announcements
- VII. Adjournment

### **HCA Board Officers for 2013**

President:	Rick Priola	574-8313
Co-First VPs:	<b>Beverley Madden</b>	574-1593
	Liesje Nicolas	773-7805
Second VP:	Jean-Pierre Bernard	357-7644
Treasurer:	David Krakower	415-398-1100
Secretary:	Denise Haas	372-0373
lowdown Editor:	<b>Dorothy Greene</b>	341-1752

### **HCA Committee Chairs for 2013**

Land:	Sam Naifeh	572-8787
<b>Public Utilities Co-Chairs:</b>	<b>James Goodman</b>	372-0986
	Wil Pinney	345-2546
<b>Emergency Services:</b>	Pam Merkadeau	280-9046
Membership Co-Chairs:	Kim Nations	415-505-3866
	Colin Dasanjh	



HCA Meeting March 26, 2013 by Denise Haas, Secretary

- **I. Call to Order**—The meeting was called to order by President Rick Priola at 7:38 p.m.
- II. Review and Approval of the Minutes— A motion to approve the minutes of Feb 26, 2013, was moved by Wil Pinney, seconded by James Goodman, and carried unanimously.

### III. Sheriff's Department/ California Highway Patrol/CDF –

Officer Stephanie Josephson spoke to the group about the recent burglaries in the area, most occurring in neighborhoods with access to Highway 280. Many of the crimes happen between 2 and 4 p.m., and jewelry seems to be targeted.

Residents are encouraged to call the Sheriff's office if something suspicious is seen, install a security camera or "dummy" camera, leave a radio on when leaving the home empty, pick up newspapers, and take in rubbish bins, install a second lock on sliding doors, or insert a wooden dowel in the track.

CalFire reported that Station 17 had 49 calls in the last month. They consisted of 1 structure fire, 7 "other" fires, 26 medical aids, 3 hazmat incidents, and 12 public assists.

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There were also 29 instances of coverage, of which 18 were to the coast. It was also announced that the Easter Bunny would arrive on the fire engine for the HRD Easter Eggstravaganza.

### IV. Reports

A. First Vice President – Liesje

Nicolas invited JP Bernard to report on the LAFCo meeting held on March 20. JP Bernard reported that two letters were presented to the LAFCo panel-one from the HCA, the other from CSA1. Both letters stated that the areas did not want any of the CSA1 District's services (police, fire, HRD and sanitation district) annexed. County Supervisor Dave Pine also stated that his constituents did not want annexation. Questions from the group arose about the lack of the resident's letters being included in the LAFCo report to the president of the LAFCo committee. Brigitte Shearer announced that the HRD is extremely grateful and appreciates the support from the community.

**B. Second Vice President** – JP Bernard reported that Rob Voice is handling the July 4th festivities.

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### HIGHLANDS RECREATION CENTER NEWS



Check out our new classes and activities for summer. Grab your activi-

ty guide or go to www.higlands rec.ca.gov. Be sure to register for summer camp ASAP! The LAFCo review of the Rec District has been completed much to our satisfaction. Thank you to all who supported us in this effort! Remaining independent will allow us to continue to serve you in the best way possible.

### **Kids Nite Out**

Pre-Registration required. Call the Rec for details. K-8th Grades. Pizza Dinner & Movie Provided \$30 per child - \$5 sibling discount Fri. 5/10 6–10 p.m. Social Room

### Summer Fun Zone 2013 Cartoon Craze

Summer's right around the corner and we're thinking fun, fun, fun! The Rec is excited to host a 10-week Summer Camp jam packed with amazing games and activities, such as arts, science, cooking, hiking, sports, and swimming. Each themed week will include a field trip to different spectacular locations throughout the Bay Area. Reserve your spot now, as these weeks fill quickly.

### 7:30 a.m. - 6 p.m. (10.5 hours of care) Weekly Fee \$260/275 \$5 sibling discount

Week 3 (Closed 7/4) \$215/230

Week 1 (6/17-6/21) Boomers

Week 2 (6/24-6/28) Marine World

Week 3 (7/1-7/5) Video Game Truck

Week 4 (7/8-7/12) Cull Canyon

Swim Lake

Week 5 (7/15-7/19) Golfland

Week 6 (7/22-7/26) Blackberry Farm

Week 7 (7/29-8/2) Sea Bowl/Beach

Week 8 (8/5-8/9) Raging Waters

Week 9 (8/12-8/16) Huddart Park

Week 10 (8/19-8/23) Tanforan Mall

Movie Theatre

Children's Drawing
Springtime Fun with Young
Rembrandts

### F 4/26-6/7 3:30-4:30 p.m. \$100/105 No class 5/24 Ages: 5-12 years

Location: Rec Center MPR. Instructor: Debbie Maine (Highlands Teacher – remember the bone song and the scat song?) See the Activity Guide or the website for more info.

### Pre-Engineering with Lego 4/24-6/12 1:30-3 p.m. \$200/\$205 K-8 Grades \$30 per child \$5 sibling discount

Play with 100,000 Legos in the Gym. Play-Well Engineering instructors will help you build your Lego dreams! Location: Social Room

### **Babysitting Training**

W 4/10-6/12 9:30-10:15 a.m.

\$158/163

W 4/10-6/12 10:30-11:15 a.m.

\$158/163

W 4/10-6/12 4:30-5:15 p.m.

\$158/163

You will learn fire and earthquake safety skills, nutrition, babycare, CPR and First Aid Skills. You must attend all classes, be on time, and do the homework. Sign up today to start earning \$\$\$. \$8 lab fee paid to instructor. Location: Multipurpose Room.

### **Youth Tennis**

 Pre-T
 Ages 3-6
 M/W 4/22-5/22

 3:30-4 p.m.
 \$80/85 Court 1

 Youth I Ages 6-10
 M/W 4/22-5/22

 4-5 p.m.
 \$120/125 Court 1

### **Lifeguard Training**

Gym Age 16 and over
This program will certify the
passing student in CPR for the
Professional Rescuer, First Aid, and
Lifeguard Training. Must be 15
years old or older (proof of age must
be shown at the first meeting), and
pass a water skills test to be admitted into the class. Bring class material, swim suit, towel and comfortable
clothing. Must attend all classes
per session!

M-Th 6/3-6/6 8 am-5 pm \$215/225 M-Th 7/15-7/18 8 am-5pm \$215/225 M-Th 8/12-8/15 8am-5pm \$215/225

### Junior Lifeguarding

Junior Guards will work out daily and learn about causes and ways to prevent drowning and diving accidents, basic first aid, CPR, and AED, and leadership. Fridays they'll take Aquatic-themed field trips throughout the Bay Area. Pre-requisite: Ability to swim front crawl for 25 yards continuously using side breathing, tread water for one minute, submerge and swim a distance of 10 feet. Ages 11+ (flexible if on swim team).

M-Th from 11 a.m.-4 p.m. Friday field trip 9:30 a.m-4 p.m.

▶ Rec: to page 10

### **Next Generation, Same Commitment to Excellence**

Demand for homes in the Highlands remains high, I'd be happy to answer any real estate questions you may have



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Planning for the July 4<sup>th</sup> celebration is underway. It's even more fun when you volunteer. Call and offer your support!



DRE#01919883 Expect the Best ™



### What is a Neighborhood Watch Program?

by Pam Merkadeau

There has been a fair amount of conversation lately around organizing a patrol of our neighborhood or maybe getting a group together like the Guardian Angels. This has also led to some apprehension from people who have told me that they don't want to put themselves in harm's way. There also appears to be some confusion about what a Neighborhood Watch program is and is not.

A Neighborhood Watch program raises awareness and can help to reduce crime without placing its participants in danger. It focuses on informing the community about how to discourage, deter, and prevent crimes such as burglary, auto theft, car break-ins, and personal crimes, which often occur in or near homes. It is not a vigilante organization. Rather, it asks its members to commit to being informed about the neighborhood and to keep an eye out for suspected criminal activities. When they think something like that is occurring, then members are encouraged to contact authorities and are advised specifically not to intervene themselves.

Over a decade ago, there was resurging interest in the Highlands Neighborhood Watch program, and then it decreased. A Neighborhood Watch program only really works when a super majority of the neighborhood participates. The idea of reinvigorating our Neighborhood Watch program has come up again. It is an excellent and proven effective program, however widespread neighborhood interest in the commitment is essential to its creation. We'll be discussing this at the next HCA meeting.



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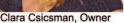
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### **Highlands Book Club**

by Jo Nassutti



We meet on the first Tuesday of the month at 10:15 in Mult|purpose Room B in

the child care center, south of the main Rec Center building. Visitors are always welcome.

On May 7 we will discuss Following Atticus: Forty-Eight High Peaks, One Little Dog, and an Extraordinary Friendship by Tom Rvan. This book is for dog lovers and those who enjoy the great outdoors as well as anyone who appreciates reading a good story.

The book for June 2 is *Henry* and Clara by Thomas Mallon. Henry and Clara were with President and Mrs. Lincoln at the theater on the night the president was shot. The author shows remarkable skill at letting us understand the effect of events of the day on these young people.

Questions, call Betty O'Connor at 345-9764. Curious, come observe.

### **Senior Network News**

by Barbra Cohn



No fooling— April is here and with it our "Planning for Medical

Treatment" seminar. Eva Voisin has very kindly offered to help us do some work on medical directives and other such important stuff. You know--the kind we keep putting off. Join us at

10 a.m. on April 24, in the lobby of the office building at 2000 Alameda de las Pulgas. You know you'll be glad you did. And afterward, your reward is lunch with the bunch at Celia's in Laurelwood

We had such a good time at the last Game Day that we decided another was in order. So come along for food (\$5 lunch, yum) and fun. Pick your game (bridge, scrabble, 3 card Monte (?), whatever) and get set for an afternoon free of anything serious. It will be on Tuesday, May 14, at 11:30 a.m.

Now in June, prepare yourself (and some food) for another of our famous pot lucks, this time at the Beier's home. June 20 is the day, noon is the time, and delicious is

For all of these, please let Cliff know whether you are coming and whether you need transportation. Just call 349-5290.

And then there is July --- The 4th of course . . . and SUMMER!

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As of April 1st there are no homes for sale in the Highlands. The area is in high demand with an abundance of buvers wanting to purchase in this wonderful neighborhood!

If you've been thinking of selling, now is the perfect time to put your house on the market and get top dollar! Contact Glenn to talk about the current value of your home and how much you can benefit in this seller's market!!

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### Iowdown

## Upcoming CSM Events and Activities

by Valerie Anderson President's Office Coordinator

These are open to the public, and most are free

### CSM's Semester in London Fall 2013

Study Abroad Information Meetings Thursday, April 18, 6 – 7:30 p.m. 3401 CSM Drive, San Mateo collegeofsanmateo.edu/ studyabroadlondon2013

### Art & Science Presentation Shouldn't Art Be Beautiful?

Friday, April 19, 7:30 – 9:30 p.m. CSM Theatre

collegeofsanmateo.edu/calendar/events

### Jazz Under the Stars Observatory Star Party

Saturday, April 20, 8 – 10 p.m. CSM Science Bldg. 36 Rooftop Observatory

collegeofsanmateo.edu/astronomy/jazz

### Get Linked Career & Internship Fair

Wednesday, April 24 8:30 a.m. – 12:30 p.m. College Center, Bayview Dining Room

collegeofsanmateo.edu/calendar/events

### Jazz on the Hill & CSM Open House

Saturday, June 1 10 a.m. – 6 p.m.

### **Highlands School Highlights**

by Etienne Vick



Highlands
Neighbors--are you
handy? Yes, you
are because you

live in the Highlands! We need your help with displaying ART TILES!

We are in the process of displaying the beautiful tiles that were created by students and staff two years ago. (The original tiles had to be replaced due to weather damage.) If you are a carpenter and willing to share your time and skill for this project, or if you have any questions, please contact Lucy M. at lucy200104@gmail.com. Thank you!

Attention Highlands Parent Volunteers Please don't forget to record your monthly volunteer hours for all months through February at highlands.smfc.k12.ca.us/volunteer-tracking. If you have any questions about recording your hours, contact PTA Historian Mary Tsao at mary.tsao@gmail.com. The online

form allows us to record volunteer hours that we will report to the District PTA. When volunteering on campus, don't forget to sign in/out at the office and wear a volunteer badge.

### PTA Thank You on Behalf of the Highlands Theater Group:

The PTA would like to thank the following businesses for their donations to the Highlands Theater Group's production of *The Little* Mermaid Jr. Gateway Management & Realty, J.J.'s Ice Cream & Yogurt, Harmonic Piano & Music Center, and Jimmy Realty. In addition, we would like to thank Toto's Pizza for their pizza donations and the Crystal Springs Produce Market for their generous discount on fresh fruit. Lastly, we would like to thank Tricia Schroeter for her talented assistance in producing the many mermaid costumes. We are truly grateful to our wonderful and supportive community!



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### COMMUNITY AND UMC NEWS

► Minutes: from page 3

C. Treasurer – Rick Priola presented the final 2013 budget for David. Krakower, who was unable to attend the meeting.

- **D.** Membership Kim Nations announced that the membership drive is on track, with 25% of the neighborhood paid.
- E. *lowdown* the March lowdown deadline is Friday, March 29

F. Public Utilities Committee – Wil Pinney questioned the formation of the HCA Sanitation Task Force charged with bringing resolution to problems with current and past overbilling and ensuring that sewer fees are based on accurate meter readings. Discussion ensued with regard to monies owed and general lack of clarity of the Public Works meetings.

**G.** Emergency Services Committee – No report

H. Land Committee – No report

V. Old Business – None.

VI. New Business/ Announcements – None

VII. Adjournment – The meeting was adjourned at 9:10 p.m..

### **United Methodist Church Activities**

by Steve Sclichter

### Meditation Classes Rev. Hee-Soon Kwon

Monday Evenings 7 - 8 p.m. Wednesday Mornings 9 -10 a.m. New Workshop 4/14 - 4/28 (Three Sundays), 7 - 8: 30 p.m.

### Wesley Academy Rev. Hon Ki Kim, Ph.D

A study of John Wesley and his message. May 24 and Jun 28 at 7 p.m.

Learning to Use My Bible Class 3rd Graders and older children Sundays 3/3 to 4/14, 10:15 to 11 a.m.

#### **Vacation Bible School**

Please put the dates for VBS for your kids on your calendar. This year it will be held from June 24 to 28, from 5:45 to 8 p.m. Call 345-2381 for more information.

### Young Adult Bible Study

A young adult Bible Study will continue on Friday evenings at 7 p.m. The time may change, so please check with the office at 345-2381 to confirm.



Services offered include training reinforcement, exercise, and overnight care for your loving critters.

### Highlands lowdown

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Subscriptions for non-residents of the Highlands, \$25 per year.



### **LAFCo Commission Accepts Review Reports**

by Jean Pierre Bernard

The San Mateo County LAFCo Commission's March 20 meeting began with LAFCo Executive Director Martha Poyatos' presentation of the latest version of her review reports:

- Municipal Service Review And Sphere of Influence Update - Highlands Recreation District March 13, 2013
- LAFCo Municipal Service Review and Sphere of Influence Update City of San Mateo, Crystal Springs County Sanitation District County Service Area 1 And Other Related County-Governed Districts March 13, 2013

Both reports can be found on the commission's website: http://www.cottp://www.co.sanmateo.ca.us/portal/site/lafco. Jointly, the reports review all public services provided to residents of County Service Area 1 (CSA1), which is composed of unincorporated areas of the Highlands, Baywood Plaza, Baywood Park, Polhemus Heights, and San Mateo Oaks. The services cover police, fire, recreation, sanitation, and lighting. Key conclusions of the reports include:

- a recommendation of "status quo" for the Highlands Recreation District (HRD), which means that some form of its autonomy would be preserved even if CSA1 was to be annexed into the City of San Mateo.
- a variety of statements that annexation to the City of San Mateo, or merger of CSA1 districts/services with corresponding departments of the City of San Mateo would result in cost savings. Where the statement is most affirmative is with regards to the Crystal

Springs Sanitation District, which provides sewer services to CSA1 residents.

HCA 1st Vice President Liesje
Nicolas and HCA 2nd Vice
President JP Bernard subsequently
presented the contents of two letters
dated March 16 that had been
addressed to Don Horsley, President
of the San Mateo County Board of
Supervisors and Chair of the county
LAFCo Commission, and signed
respectively by the HCA President
and jointly, by the presidents of the
five community associations of
CSA1. Both presentations expressed
that:

• CSA1 community associations

request that the LAFCo Commission make no recommendation for annexation to the City of San Mateo of any of our district services. That applies namely to Fire, Police/Sheriff, Crystal Springs Sanitation District, and the Highlands Recreation District.

• Over the years, our communities have established proactive relationships with all departments involved in providing ourservices, which contribute to their effectiveness.

In several places, the LAFCo review reports mention that annexation would reduce the cost of servic-

►LAFCo: to page 10

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### **COMMUNITY NEWS**

▶ Rec: from page 4

Youth II Ages 8-13 M/W 4/22-5/22 5-6 p.m. \$120/125 Court 1

Pilates Mat Class M 5/6-6/24 6:30-7:30 p.m. \$70/75

### **Springboard Diving**

Students will learn the hurdle, basic dives such as the swan and jackknife, and proper hand position for entry into the water. The classes include games and fun activities that teach safety and skill development. Pre-requisites: 8 years of age. Must pass the swim test and perform a standing dive on the diving board. Private lessons and birthday parties can be arranged. Max 8 students. No Class: 7/4.- Instructor: Kelly Winterbottom

### Mixed level

TTh 6/18-7/2 11-11:45 a.m. \$73/80
TTh 7/9-7/25 11-11:45 a.m \$87/92
TTh 7/30-8/15 11-11:45 a.m. \$87/92

### **Beginner**

Th 6/20-7/18 5-5:45 p.m. \$58/63 5-5:45 p.m. \$58/63

#### **Intermediate**

Th 6/20-7/18 5:45-6:30 p.m. \$58/63

Th 7/25-8/15 5:45-6:30 p.m. \$58/63

Heartsaver CPR and First Aid First Aid W 4/18 6-9 p.m. Free Cal Fire

CPR Wed. 5/22 6-8 p.m. Free Cal Fire

.Each student receives the highest quality course materials to supplement their learning CPR/ First Aid Course completion card issued after class. Must pre-register with HRC prior to class. Location: 320 Paul Scannell Drtve, San Mateo

► LAFCo: from page 9 es, but they provide no evidence of such savings.

• With regards to the Sanitation District, the report includes no mention of overcharge issues that have been acknowledged by all parties involved and are still unresolved. A list of over 12 pending items was confirmed with the County Department of Public Works last month. Some have been ongoing since 2010. The LAFCo report should have referenced these issues, which provide evidence that any consideration of annexation of the Sanitation District is premature. President Horsley acknowledged he'd received both letters, and that they'd been communicated to all Commission members. Following their presentation, President Horsley asked that representatives of San Mateo County Department of Public Works provide information about the past sewer service overcharges to our residents. The Department representatives' response didn't give

such information but focused on financing needs to cover the costs of upcoming sewer line upgrades. After hearing all speakers, the Commission moved to accept the reports as presented, as well as their "determinations." Potential next steps in the Review/Reporting process are unclear. We recommend that all residents monitor all communications with regards to LAFCo on the County's and the LAFCo Commission's websites.





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ASSISTANCE. Seniors, husband and wife, Eichler residents over 50 years, need help in order to continue living here, rather than in a nursing home. If interested, have the time and a car, please call regarding availability and salary. 650-571-5155.



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Allstate Insurance: Bob O'Loughlin & 286-2140 Stephen R. John, D.D.S., Periodontics & 571-190 & 377-016 &					
& Mike Munday Alterations to Go Alterations to Go Alterations to Go The Bar Method (Yoga, Pilates, Ballet) California Cancer Care Crystal Springs Chiropractic, Dr. Jordan Savara Crystal Cleaning Center Crystal Springs Fish & Poultry Crystal Springs Pet Hospital Citibank (West) FSB CVS Pharmacy Cysel Mike Munday Alterations to Go Alterations to Créperie Alterations to Go Alterations to Go Alterations to Human Restaurant (Home Delivery) Alterations to Human Restaurant (Home Delivery) Alterations to Alteration Restaurant (Home Delivery) Alteration Restaur	Absolute Vision	Opticians: Clara Csicsman	525-9150	Japanese Kitchen Wakuriya	286-0410
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The Bar Method (Yoga, Pilates, Ballet ) 573-3330 Little Hunan Restaurant (Home Delivery) 571-157 California Cancer Care 341-9131 Neal's Coffee Shop 581-108 Crystal Springs Chiropractic, Dr. Jordan Savara 574-1456 Rainbow Pizza (Home Delivery) 571-184 Crystal Cleaning Center 342-6978 Realty World, Martinelli Properties 578-130 Crystal Springs Fish & Poultry 212-7921 Renew Laser Clinic, Dr. Adele Makow, Laser Skin Care Les Amis Salon et Spa 570-575 Safeway Safeway 341-403 Shoe Repair 349-420 Shoe Repair 349-420 Dianda's Italian Pastry 570-6260 U.S. Postal Services 570-556		& Mike Munday	286-2141	Kids Smile Center	377-0161
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Crystal Springs Pet Hospital         341-3438         Les Amis Salon et Spa         570-575           Citibank (West) FSB         525-9028         Safeway         341-403           CVS Pharmacy         (572-2514, Drive Up)         572-2438         Shoe Repair         349-420           Design Jewelry         345-7870         Starbucks Coffee         345-048           Dianda's Italian Pastry         570-6260         U.S. Postal Services         570-556	Crystal Cleaning Ce	enter	342-6978	Realty World, Martinelli Properties	578-1300
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363-4763

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### A VIEW FROM THE HIGHLANDS

### Help the Sheriff's Office Combat Residential Burglaries!

by Lieutenant Edmund Barberini

The Sheriff's Office has increased patrols and used other investigative techniques to prevent and solve burglaries in the Highlands. Our community is not alone in continually combating this type of criminal activity. Criminals continue to look for opportunities when committing burglaries and other related crimes.

While there is no simple or sure solution to the problem of residential burglaries, it is possible to make the burglar's task more difficult, and in some cases, to discourage the burglar altogether.

\* Lock all doors and windows before leaving your home. Even when leaving for a short time, it is important to secure your home.



- \* Leave lights on when you are gone or have them on automatic timers for the evening, both on the interior and exterior of the home.
- \* Always make sure your garage door is closed when leaving the house.
- \* Install deadbolt locks on all exterior doors of your home. Sliding glass doors are more vulnerable, but special locks and strong door stops provide enhanced security.

- \* Change locks immediately if your keys are lost or stolen.
- \* Maintain an inventory of all valuables, including serial numbers. Take photos or videos of these
- \* If you leave your car out at night, make sure all the doors are locked and remove all valuables.
- \* Develop a rapport with vour neighbors. They can keep an eye on your home when you are away.. Neighbors provide some of the best protection when they look out for each other.